

Clinical Scope & Limitations

What HH Nursing Services provide - and when another service is needed

OUR SCOPE HH provides planned, nurse-led assessment and practical support.

Our work is designed to help children, teenagers and families understand concerns, identify needs and take informed next steps.

HH does not provide formal medical diagnoses, prescribe medication or operate an emergency or crisis service.

Who HH Nursing Services support

HH supports children, teenagers, parents and carers where there are concerns about mental health, emotional wellbeing, neurodevelopmental needs, school functioning or family confidence in managing difficulties.

- Appointments may involve a parent or carer, the child or teenager, or the family together, depending on the service and clinical need.
- Face-to-face and secure video appointments may be offered where they are clinically suitable and practically available.
- Every enquiry is considered individually. HH will explain whether the requested service is appropriate before work begins.

What HH can provide

Assessment & understanding

Structured, nurse-led evidence gathering to develop a clear picture of current needs.

- Clinical interviews and relevant questionnaires.
- Information from the young person, family and, with consent, school or other professionals.
- Clinical formulation and professional recommendations.

Support & next steps

Practical, short-term support focused on confidence, skills and meaningful change.

- Personalised strategies for home, school and daily life.
- One-to-one support for children, teenagers or parents.
- Signposting, liaison and onward referral recommendations.

Services, Reports & Limitations

Clear information about what is included and what HH cannot provide

Areas HH may assess or support

- ADHD and autism-related presentations through structured evidence gathering and needs-based assessment.
- Anxiety, low mood, emotional regulation, sleep, school attendance and exam or school stress.
- Eating difficulties, self-harm and suicide risk within a planned assessment and support pathway.
- Parent understanding, family strategies, resilience, confidence and communication.

Professional reports

Where included in the agreed service, HH may provide a professional clinical report summarising the evidence gathered, clinical understanding, practical recommendations and suggested next steps.

- Families may share the report with a GP, school or another relevant professional.
- HH will send a report directly only when appropriate consent or another lawful basis is in place.
- The receiving organisation remains responsible for its own assessment, referral and decision-making processes.

PLEASE NOTE HH assessments do not result in a formal medical diagnosis.

Evidence gathered by HH may support discussions with a GP, school, NHS service or diagnostic provider, but it does not replace that service's own assessment process.

HH cannot guarantee that another organisation will accept a report, make a referral, offer adjustments, add a child to a waiting list or provide a diagnosis.

HH does not provide

- **Formal diagnosis:** HH does not diagnose ADHD, autism, eating disorders or other medical or psychiatric conditions.
- **Medication or medical treatment:** HH does not prescribe, alter or monitor medication, carry out physical examinations or arrange medical tests.
- **Emergency response:** HH is not a crisis team, emergency service or continuously monitored helpline.
- **Guaranteed outcomes:** HH cannot guarantee diagnosis, NHS acceptance, referral, school provision, funding or treatment.
- **Replacement for statutory services:** HH does not replace a GP, CAMHS, paediatrics, emergency care, social work, education services or an existing treatment team.
- **Unlimited or open-ended care:** Support is planned, reviewed and delivered within the agreed service, with a practical and usually short-term focus.

When Another Service Is Needed

HH will be open when needs fall outside our planned nursing service

When HH may recommend another service

HH considers whether each service can be provided safely, ethically and within professional competence. We may pause, decline or end work and recommend another provider when:

- A child or teenager needs urgent, emergency, intensive or specialist treatment that HH cannot provide.
- Physical health assessment, medication review, formal diagnosis or statutory intervention is required.
- The level of risk cannot be safely managed through planned appointments and agreed safety arrangements.
- Important consent, parental responsibility or information-sharing issues cannot be resolved safely.
- The requested work falls outside the clinician's competence, insurance cover or the agreed purpose of HH services.
- Continuing would not be clinically helpful, safe or in the young person's best interests.

Reports reflect a point in time

An HH report is based on the information available and the presentation observed during the agreed assessment period. Needs, risks and circumstances can change. New or worsening concerns should be reviewed by an appropriate professional rather than relying only on an earlier report.

SAFETY For urgent or immediate safety concerns, use emergency or NHS services.

Do not wait for a reply from HH if someone may be at immediate risk. Please use the separate HH Urgent Help & Crisis Information page for current guidance.

Professional standards

HH nursing services are clinically led by Graham Mutch, a Registered Mental Health Nurse. Nursing practice is delivered within professional competence and in accordance with the Nursing and Midwifery Council Code.

- Appropriate professional indemnity arrangements are maintained for the nursing work undertaken.
- Clinical decisions are supported by record keeping, risk assessment, supervision, reflective practice, audit and continuing professional development.
- Where another professional or service is better placed to meet a need, HH will explain this and recommend appropriate next steps where possible.

Consent, Confidentiality & Family Expectations

Clear agreements, respectful care and safe information sharing

Consent, confidentiality and safeguarding

- HH explains the purpose of the service, what information may be gathered and who may receive a report before work begins.
- Children and teenagers are involved in decisions in a way that reflects their age, understanding and circumstances.
- Information is treated confidentially and shared only when consent, safety, safeguarding, professional duties or the law allow or require it.
- Where serious harm may be present, relevant information may be shared with appropriate services to protect safety.

What families can expect

1 Clear agreement The service, stages, fees, inclusions and limitations will be explained.	2 Respectful assessment Children, teenagers and families will be listened to with dignity and compassion.
3 Honest recommendations HH will provide practical advice and be open when another service is needed.	4 Review and communication Important changes or concerns should be raised promptly so the plan can be reviewed.

Responsibilities of parents and carers

- Provide information that is accurate and complete to the best of your knowledge, including relevant risk, medical, medication and professional involvement information.
- Tell HH promptly about significant changes in safety, health, family circumstances, contact details or other services involved.
- Seek urgent or emergency help when needed rather than waiting for an HH appointment or reply.
- Use reports and recommendations responsibly and understand that other organisations make their own decisions.

Related public information

Read this statement alongside HH's Urgent Help & Crisis Information; Consent, Confidentiality and Information Sharing; Safeguarding Statement; Privacy Notice; Nursing Terms and Conditions; and Complaints and Feedback Procedure.

Standards and review: Reviewed against current official professional guidance on 28 July 2026 - [NMC Code](#) • [NMC professional indemnity guidance](#)

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